

# Lancashire Mind in Blackburn with Darwen

Our services have moved into the community to achieve our vision of mental wellbeing for all. To find out what services are available or to ask a question about mental health & wellbeing come along to Open Door.

**Open Door** is a friendly & informal access point to find out how to improve & maintain your mental wellbeing & the local mental wellbeing opportunities available to you.

**Every Tuesday 2-4**

@ **Your Support Your Choice**

9A Town Hall St, Blackburn  
(opposite Blackburn library)

Call our head office on **01257 231550** or find us on social media for more info

*Please note our Heaton St office is closed to allow us to provide support in more locations*



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 **mind**  
for better mental health